

MASS TEXT

Sunday Year A
Weekday Cycle II
Divine Office: Vol. 3. Week II

Praise we now the Lord our God,
in silence we adore you.

OT Read: Jeremiah 20:7-9

RP: 62

For you my soul is thirsting,
O Lord, my God.

NT Read: Romans 12:1-2

GOSPEL ACCLAMATION:

Alleluia, alleluia!

May the Father of our Lord Jesus Christ, enlighten the eyes of our hearts, so that we may know the hope to which he has called us.

Alleluia!

Gospel: Matthew 16:21-27

PREFACE: VII

EUCH. PRAYER: III

6th September 2026
23rd Sunday in Ordinary Time (A)

OT Read: Ezekiel 33:7-9

RP: 94

NT Read: Romans 13:8-10

Gospel: Matthew 18:15-20

WEEKLY COLLECTION

St. Teresa's: **£726.90**
Holy Trinity & St. Luke's: **£238.35**
*Thank you so much everyone
for your generosity.*

Baptisms can easily be arranged by contacting Father directly

Weddings normally require six months notice, please contact Father before booking.

SICK & HOUSEBOUND. Your Clergy are available to offer the sacraments of healing (anointing), Reconciliation and Holy Communion. If any parishioner requires assistance or needs to talk, please call on the Parish number.

Cheap Grace and Costly Grace

"Cheap grace is the preaching of forgiveness without requiring repentance, Baptism without Church discipline, Communion without confession, absolution without personal confession. Cheap grace is grace without discipleship, grace without the cross, grace without Jesus Christ living and incarnate.



Costly grace is the treasure hidden in the field; for the sake of it a man will gladly go and sell all that he has. It is the pearl of great price, to buy which the merchant will sell all his goods. It is the kingly rule of Christ, for whose sake a man will pluck out the eye which causes him to stumble; it is the call of Jesus Christ at which the disciple leaves his nets and follows him.

Costly grace is the Gospel which must be sought again and again, the gift which must be asked for, the door at which a man must knock. Such grace is costly because it calls us to follow, and it is grace because, freely given, it calls us to follow Jesus Christ. It is costly because it costs a man his life, and it is grace because through it, God gives a man the only true life. It is costly because it condemns sin, and grace because through it God justifies the sinner. Above all, it is costly because it cost God the life of his Son: "you were bought at a price," and what has cost God much cannot be cheap for us. Above all, it is grace because God did not reckon his Son too dear a price to pay for our life but freely and with love for us, delivered him up for us. Costly grace is the Incarnation of God.

© Dietrich Bonhoeffer, *The Cost of Discipleship*.

LOSING LIFE, FINDING LIFE

Matthew was writing for the Christian community in the bitterest days of persecution – AD 80-90. Hence, he emphasises Jesus' teaching that a man who is faithful may die for his Faith in Jesus, but in dying he will live. The man who risks everything for Christ finds life. On the other hand, the man who abandons his Faith for safety or security may live, but he is actually dying. History is full of noble souls who risked their lives for the sake of others.

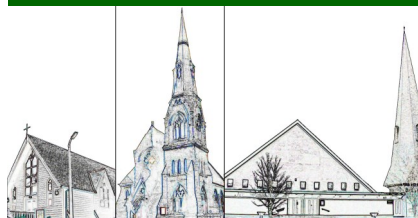
My selfless and sacrificial Lord, You not only commanded us to deny ourselves and take up our crosses; You first walked that path Yourself, enabling us to follow You as we live in union with You. Free me from every fear of the Cross. Help me to see beyond the immediate hardships it brings, to the glory that awaits those who live a life of sacrifice with You.

KEEP IN PRAYER the recently deceased members:

Angus McFarlane, Catherine McCulloch, M. Catherine Lavery, Wilma McQuade, Christopher P. Loy, Patricia Rennie, Sylvia Coupland, Noreen Lilly, Marie Montgomery, RIP. Always in our minds!

*The sick and housebound would appreciate a copy of the bulletin,
if you can please pop one through their door. Thank you.*

Twenty-Second Sunday in Ordinary Time (A) 30th August 2026



Parish Clergy

Fr Uchenna Odenigbo, CSSp
- Parish Priest / P. Chaplaincy
Fr Francis Dometiero, CSSp
- Asst. Parish Priest

Parish Office:

St Teresa's Presbytery,
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DG2 9DE.

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Emails:

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lockerbiemoffat@gallowaydiocese.org.uk



www.saintteresaschurch.co.uk

www.holytrinitysaintlukes.co.uk

Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

william.hiddleston@gallowaydiocese.org.uk

(Please only call Deacon Willie during office hours unless an emergency)

A parish of the RC Diocese of Galloway.

Charity Number: SC 010576

Sunday Masses are Live Streamed from St Teresa's Church, Dumfries.

Please follow the link on our website.



**A Family
Welcoming
Parish.**

You are very welcome in our parish community, a special place where we gather frequently for worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of course, we love to welcome children, and we know that they don't always find that so easy – so relax!

The Catholic Parishes of
St Teresa's, Dumfries,

Holy Trinity, Lockerbie with St Luke's, Moffat.

Served by **THE SPIRITANS** (Holy Ghost Congregation)

Newsletter

Year A - Cycle II - Eucharistic Prayer: III - Psalter: II

*St. T (St Teresa's), St. A. (St Andrew's, Dumfries)
St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)*

Saturday 29th August - The Beheading of St John the Baptist
(1st, 3rd + 5th Sat. in St. Teresa's)

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)
10.00 am – **St T. - Mass** - Michael McCole, Wellbeing
10.30 am – **St. T. - Reconciliation, Adoration & Bene.**
5.00 pm – **St. L. - Vigil Mass** - Gwen+Innes Laurie, Wellbeing

Sunday 30th August - 22nd Sunday in Ordinary Time (A)

9.30 am – **HTL - Mass** – Spiritan Missions, Worldwide
11.30 am – **St. T.- Mass** – Young Families of the Parish
- Peggy Marshall - Wellbeing

Monday 31st August - Feria

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)
10.00 am – **St. T. – Mass** - Shiela McDonald, RIP

Tuesday 1st September - Feria

9.30 am – **St. T. - Rosary, Adoration & Bene.**
10.00 am – **St. T. – Mass** - Mag O'Hare, RIP

Wednesday 2nd September - Feria

9.30 am – **HTL - Reconciliation, Adoration & Bene**
10.00 am – **HTL – Mass** - David Johnston, RIP
10.00 am – **St. A. – Mass**

Thursday 3rd September - St Gregory the Great, Pope, Dr

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)
10.00 am – **St. T. – Bobby Griffen, RIP**

Friday 4th September - Feria

10.00 am – **St. A. - Mass**

Saturday 5th September - St Teresa of Calcutta (Mother Teresa)
(2nd & 4th Sat. in St Andrew's)

10.00 am – **St A – Mass**
5.00 pm – **St. L. Vigil Mass** – Neil & Isabella Forrest, RIP

Sunday 6th September - 23rd Sunday in Ordinary Time (A)

9.30 am – **HTL - Mass** – B. G. - Wellbeing
11.30 am – **St. T.- Mass** – Young people of the Parish
- Shiela McDonald, RIP

ABABA PROJECT NEWS & NEW SCHOOL YEAR. In Ethiopia, the new school year starts this September, with the fantastic news about the progress among 'our children'. Three of the girls we have sponsored since they were in Kindergarten have taken the Year 12 exams, which will get them into university. We pray for their success and continued education. New sponsors are required and may join the scheme. It costs £240 per year, which you may pay annually, monthly by D/D or through the green cash envelopes. Have a word with Fr Uchenna, Beatrice (07803242372), or any member of The Ababa Project Team.

SUNDAY COFFEE: After Mass today, please join us in the hall for coffee/tea and biscuits. Come into the hall and enjoy the community spirit here at St Teresa's. A warm welcome awaits you.

MINI CHURCH, our rebranded Children's Liturgy, is on today. It is a child-focused liturgy led in the baptistery by volunteers and young student leaders; all children are welcome, pre-school and school-age. Some people have expressed an interest in leading this liturgy. If they can speak to Victoria so a rota and a plan for the sessions can be drawn up, it would be much appreciated. *Thank you.*

RCIA / GROWING IN FAITH. The course to prepare for the reception into the Catholic Faith will begin soon. It is designed for adults (aged 14+), falling into 3 categories: i) for those who are not Catholics but who are interested in becoming one or just want to find out a bit more, ii) for Catholics (adults, 14+) but who have not yet been Confirmed, and iii) for Catholics who would like to revisit their faith from the ground up. Please let the Parish clergy know if you are interested, stating which category you fall into - just email us.

CRIFFEL SPONSORED WALK. Fr Uchenna is taking the challenge to do Criffel Walk on Saturday, 19th September, to raise funds for the (phase 1) repainting of St Teresa's Church. He is delighted to invite you to: i) Sponsor him, using the sponsorship sheet at the back of the Church or scan the QR code in our newsletter for a cashless donation. ii) Join Father (if you can) in conquering Criffel summit, taking in the stunning views over the Solway Firth and the Solway coast. Speak to Father and pick up the Reg & Sponsorship form. iii) Pray for great weather on the day, and please share the sponsorship form with your colleagues, club members, friends and families to sponsor Fr Uchenna's Criffel Walk. "Every Little Helps!"

RITE OF CHRISTIAN INITIATION OF CHILDREN (RCIC). The preparation of all the children of the parish from p.4 for the Sacraments of Reconciliation and First Holy Communion will begin soon. Families with children of this age whether they attend St Teresa's Primary School, St Andrew's Primary School or any other primary school in the area are asked to pick-up a Registration Form from the back of the Church, or from St Teresa's Primary School office (or download one from the parish website) and return it to the school office or Fr Uchenna or Deacon Willie as soon as you can, so that preparations can be organised.

LECTIO DIVINA/ BIBLE STUDY - every Tuesday, from 10.45 am in the Parish Hall. A cuppa is served at the start; it finishes at 11.45 am



CHURCH HEATING APPEAL. A special collection for the church heating/ building fund will be taken today, Sunday (and every last Sunday of the month), 30th August. Thank you for your generosity, as always.

PARISH ART GROUP meets every Thursday, from 10.30 am - 12.00 n, in the Parish Hall. It is free for all levels- beginners will love it, drawing and enjoying the company of others.

ABABA PROJECT: There will be a loose change collection for the Ababa Project next Sunday, 6th September. Thank you for your generosity as always.

PILGRIMAGE TO WHITHORN is today Sunday, 30th August, with Mass at St Ninian's Cave at 4 pm (also in the church at 4.45 pm for those who cannot manage the walk down the Glen to the Cave). We are glad a good number signed up for the pilgrimage. You can take up the few spaces left in the free coach leaving from St Teresa's at 1.15 pm. All are advised to bring a packed lunch.

RACE NIGHT will be held on 10th October at 7 pm. This is an adults-only event. If you would like to sponsor a race at £25.00 (8 races) or buy a horse at £5.00 (8 horses per race), please put your name on the lists at the back of the Church. Thank you.

WEDNESDAY LUNCH HUB: Will take place on Wednesday, 2nd September, in the hall. This is for all parishioners and their friends, beginning with their complimentary lunch at 12.30 pm. Doors open from 12 noon going on till 3 pm. All are welcome. Thank you.

100 CLUB. New members are welcome, only £2 per month. Please complete the form on the church porch or contact Irene (after the Mass) in the Church Hall. Proceeds go to church funds. Hall. Proceeds go to church funds.

PLEASE REMEMBER YOUR PARISH CHURCH IN YOUR WILL: As a parishioner of our beautiful Church, a place of worship, prayer and history, we ask you to consider leaving a legacy to the parish when you are making your Will. We are grateful for all generous donations at any time. This is a particular way of investing in the future of the Church. Thank you.

PARISH ROSARY PRAYER PROJECT. An intercessory prayer initiative for our parish community. Life is challenging for many at the moment and we invited to join, today, in praying a decade of the Rosary for our families, schools, parish mission, volunteers and the clergy, each day, at a time that suits you: Either by WhatsApp - you can form or join the WhatsApp group of your service team to unite with others - or offline: on your own, in your family or in a group. Join us to pray the Rosary in the church, 6.30 pm daily, leading up to the feast of the Birthday of the Blessed Virgin Mary on 8th September 2026, at 6.30 pm in St Teresa's Church - *save the date!* After the service, there will be a get-together in the hall for a potluck supper. If you would like to contribute to this, please put your name on the list at the back of the Church.

INTENTIONS FOR MEDJUGORJE. Some of our members are going on pilgrimage to Medjugorje, from 2nd - 9th September. If you would like any prayer intentions left at the Grotto for you, by them, just write them up and put them in an envelope marked "Medjugorje Intentions", seal it and put it in the collection basket next Sunday or leave them in the Sacristy. These will then be taken to Medjugorje and left at the Grotto, after which they will be burnt without opening; therefore, no offering should be included!



A minister was obsessed with golf. One Sunday, the weather was so beautiful he couldn't resist. He called in sick and went to a course fifty miles away so no one would see him. He was on the 18th hole, and an angel looked down at God and said, "Are you going to let him get away with this?" The minister hit the ball—it was a 400-yard hole-in-one. The angel asked, "Why did you let him do that? That's a reward!" God smiled and said, "Who is he going to tell?"

Heating Appeal

Thanks to you, we now have a new Church heating system, offering a warm, welcoming worship space for all. We are grateful for any donations towards this amazing project.

Can You Help? Donate by:

Online:



Cheque:

payable to
"RCDG ST
TERESA'S
DUMFRIES"

Cash: use the H. Appeal envelope

£40,500



£6,718

We welcome creative fundraising ideas—if you're willing to organise an event, please reach out!

Thank You

Mass Offering/ Donations
No Cash, No problem
Scan me to make a cashless donation to the Parish



SCAN ME!