

MASS TEXT

Sunday Year A
Weekday Cycle II
Divine Office: Vol. 3. Week III

Praise we now the Lord our God,
in silence we adore you.

OT Read: 1 Kings 19:9a, 11-13a

RP: 84

**Show us, O Lord, your mercy,
and grant us your salvation.**

NT Read: Romans 9:1-5

GOSPEL ACCLAMATION:

Alleluia, alleluia!

**I long for you, O Lord,
My soul longs for his word.
Alleluia!**

Gospel: Matthew 14:22-33

PREFACE: V

EUCH. PRAYER: II

16th August 2026

The Assumption of the BVM, Sol

OT Read: Revelation 11:19a; 12:1-6a,

RP: 45

NT Read: Corinthians 15: 20-27a

Gospel: Luke 1: 39-56

WEEKLY COLLECTION

St. Teresa's: **£793.67**

Holy Trinity & St. Luke's: **£172.57**

*Thank you so much everyone
for your generosity.*

Baptisms can easily be arranged by
contacting Father directly

Weddings normally require six
months notice, please contact Father
before booking.

SICK & HOUSEBOUND. Your Clergy
are available to offer the sacraments of
healing (anointing), Reconciliation and
Holy Communion. If any parishioner re-
quires assistance or needs to talk, please
call on the Parish number.

Walking Through Storms

We admire Peter's courage for stepping out of the boat, but perhaps we identify even more with what happens next. The Gospel does not tell us that Peter lacked faith when he stepped out. In fact, it was faith that moved him to leave the safety of the boat. The problem began when his attention shifted. Instead of keeping his eyes fixed on Jesus, he became absorbed by the strength of the wind and the violence of the waves. As Peter's gaze shifted from Jesus to the storm, doubt submerged his certainty, confusion obscured his clarity, fear displaced his trust, anxiety overcame his courage, and, ultimately, sorrow robbed him of his joy.

How often this happens in our own lives. There are moments when God invites us to take a step beyond our comfort zone: to forgive someone who has hurt us, to make a difficult decision, to embrace a new vocation, to accompany a suffering loved one, or simply to trust that God is working even when we cannot see the outcome. We begin with confidence, but somewhere along the journey, we become preoccupied with the "winds" around us—the uncertainties, disappointments, criticism, financial burdens, fragile health, or fears about the future. Slowly, we begin to sink under the weight of what once seemed manageable.

This is not ultimately about Peter's failure, but about Jesus' immediacy. Peter cries, "Lord, save me!" and immediately Jesus stretches out his hand. No lecture before the rescue. No delay. No test to determine whether Peter deserves help. Grace always precedes correction. Jesus first saves him; only then does he gently ask, "Why did you doubt?" Perhaps, for this reason, the greatest miracle is not that Jesus walked on water or that Peter briefly did the same. The greater miracle is that God's hand is always closer than our fear. Even when our faith falters, his faithfulness never does. - © Rev. Rashmi Fernando, SJ. - Sri Lankan

**Father, We thank You for every young person who
received their exam results today.**

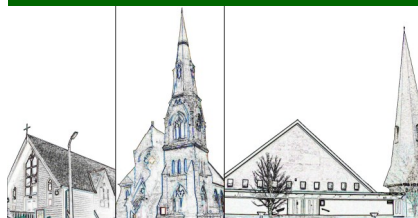
**As they take their next steps, fill their hearts with
hope, courage, and wisdom. Guide them in their
decisions, open the doors that will help them to
grow in knowledge, faith, and service, and help
them to discover the vocation You have prepared
for them.**

**Bless their families, teachers, and all who have
supported them along the way.**

KEEP IN PRAYER the recently deceased members:

Angus McFarlane, Catherine McCulloch, M. Catherine Lavery,
Wilma McQuade, Christopher P. Loy, Patricia Rennie, Sylvia Cou-
pland, Noreen Lilly, Marie Montgomery, RIP. Always in our minds!

Nineteenth Sunday in Ordinary Time (A) 9th August 2026



Parish Clergy

Fr Uchenna Odenigbo, CSSp

- Parish Priest / P. Chaplaincy

Fr Francis Dometiero, CSSp

- Asst. Parish Priest



Parish Office:

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www.saintteresaschurch.co.uk

www.holytrinitysaintlukes.co.uk

Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

william.hiddleston@gallowaydiocese.org.uk

(Please only call Deacon Willie during office
hours unless an emergency)

A parish of the RC Diocese of Galloway.

Charity Number: SC 010576

**Sunday Masses are Live Streamed
from St Teresa's Church, Dumfries.**

Please follow the link on our website.



**A Family
Welcoming
Parish.**

*You are very welcome in our parish community, a special place where we gather frequently for
worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of
course, we love to welcome children, and we know that they don't always find that so easy – so relax!*

The Catholic Parishes of

St Teresa's, Dumfries,

Holy Trinity, Lockerbie with St Luke's, Moffat.

Served by **THE SPIRITANS** (Holy Ghost Congregation)

Newsletter

Year A - Cycle II - Eucharistic Prayer: II - Psalter: III

St. T (St Teresa's), St. A. (St Andrew's, Dumfries)

St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)

Saturday 8th August – St. Dominic, Priest

(2nd & 4th Sat. in St Andrew's)

10.00 am - **St A – Mass**

5.00 pm - **St. L. Vigil Mass** – Holy Souls in Purgatory

Sunday 9th August - 19th Sunday in Ordinary Time (A)

9.30 am - **HTL - Mass** – W. B., Wellbeing

11.30 am - **St. T.- Mass** – Renna Gillan, RIP, Anni

- Marie Montgomery, RIP

Monday 10th August - St. Laurence, Deacon, Martyr

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am – **St. T. – Mass** - D.T - Wellbeing

Tuesday 11th August - St. Clare, Virgin

9.30 am – **St. T. - Rosary**, Adoration & Bene.

10.00 am – **St. T. – Mass** - Susan Smith (Nee McConnell) RIP

Wednesday 12th August - Feria

9.30 am – **HTL - Reconciliation**, Adoration & Bene

10.00 am – **HTL – Mass** - Michael Lester, HBD, 50th

10.00 am – **St. A. – Mass**

Thursday 13th August - Feria

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am – **St. T. – Marie Montgomery, RIP**

Friday 14th August - St. Maximilian Kolbe, Priest, Martyr.

10.00 am – **St. A. - Mass**

Saturday 15th August—Memorial of the BVM

(1st, 3rd & 5th Sat. in St. Teresa's)

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am - **St T. - Mass** - Jack Tremble, Thanksgiving

10.30 am - **St. T. - Reconciliation**, Adoration & Bene.

5.00 pm - **St. L. - Vigil Mass** - Graham Eastaby, John Droper

Sunday 16th August - 20th The Assumption of the BVM, S

9.30 am - **HTL - Mass** – Michael Irvine, RIP, Anni

11.30 am - **St. T.- Mass** – Kareen McCall, Thanksgiving

- Margaret Leary, RIP

*The sick and housebound would appreciate a copy of the bulletin,
if you can please pop one through their door. Thank you.*

THE ASSUMPTION of the Blessed Virgin Mary. This year, the Solemnity of the **Assumption of the Blessed Virgin Mary** is transferred to Sunday 16th August. Readings and Prayers for the Sunday and Vigil Mass are for the Assumption of the Blessed Virgin Mary.

RCIA / GROWING IN FAITH. The course to prepare for the reception into the Catholic Faith will begin soon. It is designed for adults, falling into 3 categories: i) for those who are not Catholics but who are interested in becoming one or just want to find out a bit more, ii) for Catholics (adults, 14 +) but who have not yet been Confirmed, and iii) for Catholics who would like to revisit their faith from the ground-up. Please let the Parish clergy know if you are interested, stating which category you fall into - just email us.

RITE OF CHRISTIAN INITIATION OF CHILDREN (RCIC). The preparation of all the children of the parish from p.4 for the Sacraments of Reconciliation and First Holy Communion will begin soon. Families with children of this age whether they attend St Teresa's Primary School, St Andrew's Primary School or any other primary school in the area are asked to pick-up a Registration Form from the back of the Church, or from St Teresa's Primary School office (or download one from the parish website) and return it to the school office or Fr Uchenna or Deacon Willie as soon as you can, so that preparations can be organised.

SUNDAY COFFEE: After Mass today, please join us in the hall for coffee/tea and biscuits. Come into the hall and enjoy the community spirit here at St Teresa's. A warm welcome awaits you.

MINI CHURCH, our rebranded Children's Liturgy, is a child-focused liturgy led in the baptistery by volunteers and young student leaders; all children are welcome, pre-school and school age. Some people have expressed an interest in leading this liturgy. If they can speak to Victoria so a rota and a plan for the sessions can be drawn up, it would be much appreciated. Thank you.

EXAM RESULTS 2026. Last Tuesday, lots of young people received the results of their Nationals, Highers, Advanced Highers and Skills for Work Awards. Many congratulations to our young people on their success. We couldn't be more proud of the results that you have achieved. May the Lord continue to bless and shepherd you on the journey.

THE PARISH FINANCE COMMITTEE (PFC) will meet on Thursday, 13th August, at 7.00 pm, in the Baptistery room. Thanks to this important group, which keeps our Parish ministry activities and facilities up and running. God bless.

QUIZ NIGHT. The social evening will be held on Friday 21st August at 7 pm. Entrance £3.00 adults, £1.50 Children under 12. Coffee, Tea & Biscuits included. If you would like to donate a Raffle Prize, please leave it in the box at the back of the Church. Thank you.

THE ABABA PROJECT: Thank you for the £202.44 raised last week at the small change collection for the Ababa Project. Thank you all for your generosity, as always.



BISHOP FRANK INVITES YOU TO...

WHITHORN

ANNUAL NATIONAL PILGRIMAGE

SUNDAY 30TH AUGUST

4.00 PM	4.45 PM
Mass on the Beach	Mass in Whithorn

The free bus leaves St Teresa's at 1.15 pm. Please sign up on the sheet at the back of the Church. Please bring your packed lunch

MINIBUS TRIP to Castle Douglas is on the 20th of August, leaving the Church at 1 pm. Please put your name on the list at the back of the Church.

LECTIO DIVINA/ BIBLE STUDY/ PARISH ART GROUP will all continue after the summer break (w/c 24th August).

RACE NIGHT will be held in September (date to be arranged). If you would like to sponsor a race at £25.00 (8 races) or buy a horse at £5.00 (6 horses per race), please speak to a member of the entertainment committee. Thank you

SAFEGUARDING TRAINING for volunteers will be offered at St Teresa's Hall on Sunday, 9th August, at 2.00 pm. It is for relevant parish volunteer roles that require a PVG check and undertaking ongoing training. You are welcome.

SUMMER YOUTH GATHERING: Join Youth (P5-S4) from across the Diocese as they gather for their Summer Gathering on Saturday 15th August from 11.00 am to 4.00 pm. The day will include a wide range of fun games, two short talks on the theme of the gathering: St Maximilian Kolbe, the patron saint of young people, Mass, and lunch (pizza and BBQ). There's no charge to take part, but if you're coming, please scan the QR code to register! Free transport is provided from St Teresa's, Dumfries.

WHITHORN YOUTH PILGRIMAGE: As part of the annual National Pilgrimage to Whithorn on Sunday 30th August, the Youth Office runs a Youth Pilgrimage. Join with young people (P5-S4) from across the Diocese as we gather to learn more about the life and witness of St Ninian. In the morning we'll have games, activities, lunch and a talk on St Ninian, before walking to the beach for Mass with Bishop Frank. After Mass, we'll enjoy a packed supper before heading home. Free transport is available from St Teresa's, Dumfries. Please scan the QR code to register now or visit the Youth Office website: youth.rcdg.org.uk. There is no charge, but please bring a packed supper.

CENTENARY CONCERT. The Dumfries Male Voice Choir and Castleford MVC will stage a joint concert at St Teresa's Church on Thursday 20th August at 7.30 pm. Castleford are celebrating their centenary this year and have included this concert as part of it. We are honoured to be involved in their celebrations. Please set aside this date in your diary as it promises to be a fabulous evening of musical entertainment. Tickets costing £12 will be available at the door on the night of the concert.

MISSION APPEAL. On Sunday 16th August, we will hear about the services and ministries of the **Missionaries of Africa (White Fathers)**, answering Christ's call to serve the poor, proclaim the Gospel, and uplift communities in need around the world. They invite you to become part of this mission by your prayers and generosity at the special mission appeal collection. Gift Aid envelopes and cashless donation devices are available. Thank you

 In one of his books, Mark Twain recalls a visit to the Holy Land and a stay in Capernaum. It was a moonlit night, so he decided to take his wife on a romantic boat ride on the Sea of Galilee. Twain asked a man in a rowboat how much he would charge to take them out on the water. The man saw Twain's white suit, white shoes and white hat and supposed he was a rich Texan. So, he said the cost would be twenty-five dollars. Twain walked away as he said, *"Now I know why Jesus walked on water"*

HELLO AND WELCOME TO ALL OUR VISITORS. WE HOPE YOU ARE ENJOYING YOUR STAY WITH US.

Heating Appeal

Thanks to you, we now have a new Church heating system, offering a warm, welcoming worship space for all. We are grateful for any donations towards this amazing project.

Can You Help? Donate by:

Online:



Cheque:

payable to
"RCDG ST
TERESA'S
DUMFRIES"

Cash: use the H. Appeal envelope

£40,500



We welcome creative fundraising ideas—if you're willing to organise an event, please reach out!

Thank You

Mass Offering/ Donations
No Cash, No problem
Scan me to make a cashless donation to the Parish



SCAN ME!