MASS TEXT

Sunday Year C Weekday Cycle I Divine Office: Vol. 3. Week IV

Praise we now the Lord our God. in silence we adore you.

OT Read: Genesis 18:1-10a

RP: 14

O Lord, who may abide In your tent?

NT Read: Colossians 1:24-28

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Blessed are those who hold fast to the word of God in an honest and good heart, and bear fruit with patience. Alleluia!

Gospel: Luke 10:38-42

PREFACE: III **EUCH. PRAYER: III**

27th July 2025 17th Sunday in Ordinary Time

OT Read: Genesis 18:20-32

RP: 137

NT Read: Colossians 2:12-14

Gospel: Luke 11:1-13

WEEKLY COLLECTION

St. Teresa's: £523.00 Holy Trinity & St. Luke's: £247.60 Thank you so much everyone for your generosity.

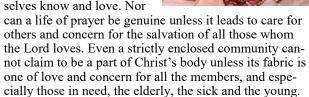
Baptisms can easily be arranged by contacting Father directly

Weddings normally require six months notice, please contact Father before booking.

SICK & HOUSEBOUND. Your Clergy are available to offer the sacraments of healing (anointing), Reconciliation and Holy Communion. If any parishioner requires assistance or needs to talk, please call on the Parish number.

Martha and Mary

have become classic figures in the Church representing two different styles of life, the active and the contemplative vocation, an active apostolate or a life of prayer. Carried to an extreme, this opposition is, of course, merely silly. No active apostolate can thrive unless it grows out of a life of prayer, for we cannot draw others to the knowledge and love of a God whom we do not ourselves know and love. Nor



In fact, Jesus does not present any such choice between two different religious ways of life. His speech is always in terms of absolutes. He does not use comparatives; he says that Mary has chosen not 'the better' (as our translation has it) but 'the good' part (as the Greek has it). Any 'good' life must be founded on listening devotedly to the Lord and responding to what we have heard.

How important a part does listening to the Lord play in my life as a Christian?

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ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me.

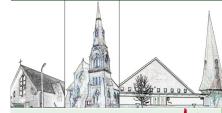
Within your wounds hide me. Permit me not to be separated from you. From the evil one protect me. At the hour of my death, call me and bid me come to you That with your saints I may praise you. **Amen**

KEEP IN PRAYER the recently deceased members: Liam Murray, Daphne Little, Catriona J. Lau, Rosie Biggin, Delia Moscardini, Joan White, Laurie Howell, John McKay,

Tony Ade A. Egede, RIP. We pray for them, and their families.

The sick and housebound would appreciate a copy of the bulletin, if you can please pop one through their door. Thank you.

Sixteenth Sunday in Ordinary Time (C) - 20th July 2025



Parish Clergy

Fr Uchenna Odenigbo, CSSp - Parish Priest / P. Chaplaincy Fr Francis Dometiero, CSSp - Asst. Parish Priest

Parish Office:

St Teresa's Presbytery, Glasgow Street, Dumfries. DG2 9DE.

Tel: 01387 252603.

Emails:

dumfries.stteresa@gallowaydiocese.org.uk lockerbiemoffat@gallowaydiocese.org.uk



www.saintteresaschurch.co.uk www.holytrinitysaintlukes.co.uk

Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

william.hiddleston@gallowaydiocese.org.uk

(Please only call Deacon Willie during office hours unless an emergency)

A parish of the RC Diocese of Galloway. Charity Number: SC 010576

Sunday Masses are Live Streamed from St Teresa's Church, Dumfries. Please follow the link on our website.



A Family Welcoming Parish.

The Catholic Parishes of St Teresa's, Dumfries,

Holy Trinity, Lockerbie with St Luke's, Moffat. Served by **THE SPIRITANS** (Holy Ghost Congregation)

Newsletter

Year C - Cycle 1 - Eucharistic Prayer: III - Psalter: IV

St. T (St Teresa's), St. A. (St Andrew's, Dumfries) St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)

Saturday 19th July - Memorial of the BVM

(1st, 3rd + 5th Sat. in St. Teresa's)

10.00 am - St T. - Mass - Grace Marie Black, Wellbeing 10.30 am - St. T. - Reconciliation, Adoration & Bene. 5.00 pm - St. L. -Vigil Mass - Patricia Donnelly, RIP

Sunday 20th July - 16th Sunday in Ordinary Time (C)

9.30 am - HTL - Mass - John McKay, RIP

- Gwen + Robert Ferguson, Wedding Anni

11.30 am - St. T.- Mass – Joe Smith, RIP. HBD, Anni

Monday 21st July - Feria

10.00 am - St. T. - Mass - Margaret Blount, RIP, 10th Anni

Tuesday 22nd July - St. Mary Madalen, Feast 10.00 am - St. T. - Mass - Keith Talbot, Wellbeing

Wednesday 23rd July - St. Bridget of Sweden, P, Europe

9.30 am – HTL - Reconciliation, Adoration & Bene.

10.00 am - HTL - Mass - Janet Webb, RIP

10.00 am - St. A. - Mass

7. 00 pm - St. T. - Divine Office - Evening Prayer

Thursday 24th July - Feria

10.00 am - St. T.- Mass - Jessie McAbney, RIP, Anni

Friday 25th July - St. James, Apostle, Feast

10.00 am - St. A. - Mass

7. 00 pm - St. T. - Holy Hour - Adoration, Divine office

Saturday 26th July – Ss Joachim & Anne, Ps of the BVM

(2nd & 4th Sat. in St Andrew's)

10.00 am - St A- Mass

5.00 pm - St. L. Vigil Mass - Norma + Fred Piggar, Wellbeing

Sunday 27th July - 17th Sunday in Ordinary Time (C)

9.30 am - HTL - Mass - Alan Brown, RIP. 11th Anni 11.30 am - St. T.- Mass – Tommy Hughes, RIP. Anni

You are very welcome in our parish community, a special place where we gather frequently for worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of course, we love to welcome children, and we know that they don't always find that so easy - so relax! **LOURDES PILGRIMAGE.** The 2025 diocesan pilgrimage to Lourdes was a great success, with our Bishop Frank leading the wonderful week of prayer and devotions. Fr Jim led a wonderful group of youth assisting the sick pilgrims, including the young people from our St Andrew's deanery (Dumfries & Galloway). You can see how it all went on the Facebook page of Youth for Lourdes (Galloway). Your petitions were placed at the Holy Grotto and lit candles for your intentions too. Thank you for all you did to support the YfL fundraising efforts.

SEAFARERS AND FISHERS. Thank you for raising £202.60 on Sea Sunday. Your generous gifts will ensure that Stella Maris chaplains can continue to be a friend for seafarers and fishers in times of need.

VIRTUAL CHARITY SHOP: This new 'Frontier' for The Ababa Project Team raised £1,093.97 from the sale of 'vintage' items donated in support of our brothers and sisters in Ethiopia. With thanks to all who participated so generously.

CHILDREN'S LITURGY club, now on holiday, will resume when schools reopen in August. Thanks to our lead volunteers who facilitate the programme. You, too, can volunteer. We need you. Please speak to Father to get involved. Thank you

SUNDAY COFFEE: After Mass today, please join us in the hall for tea/coffee & biscuits. Come and enjoy the community spirit here at St Teresa's. A warm welcome awaits you.

WORLD DAY FOR GRANDPARENTS & THE ELDERLY

The National Commission for Marriage, Family and Life will mark this day on Sunday 27th July 2025, at Carfin Grotto with Mass at 3pm, celebrated by the commission's president Bishop John Keenan. The café will be open for refreshments. Please come along and enjoy this inter-generational event.

Can't come to Carfin? What about celebrating the World Day in your parish? Perhaps you could invite and bring housebound parishioners to Mass?

REQUEST A MASS INTENTION. It is such a lovely gift to have a Mass said for someone; in memory of a loved one who has died, for someone's birthday, wedding anniversary, for someone who's poorly, a special intention like a grandchild's exams. It means that they, or the deceased's family knows, that you are thinking of



them and that the whole parish can join in praying for that intention. If you want to have a Mass said, use one of the Mass Intention envelopes from the back of church, write the details on it, put your donation in the envelope and either hand it in the sac-

risty or post it through the presbytery letter box. A selection

Mass cards for all occasions are available in our piety stall.

The church is OPEN!

For quiet and prayer Mondays/ Tuesdays Thursdays/ Saturdays 9.00 am – 5.30 pm PRAYING THE DI-VINE OFFICE. Do you want to join the Spiritan Community in praying the Divine Office? Please, join us at St Teresa's Church, Dumfries, every Wednesday, at 7.00 pm.



Young Adults (S5-30) BBQ: Regular or first timer? You're invited to join Young Adults from across the Diocese for our Summer Social – a BBQ in St Joseph's Church, Kilmarnock, on Saturday 2nd August. The evening begins with the 6.00 pm Vigil Mass, before continuing afterwards in the garden with a BBQ and time to socialise. Free transport available, please register by scanning the QR code or searching @rcdgyouth on social media, so we know that you're coming.



Galloway Youth (P6-S4) Summer Gathering: Are you in P6-S4? Come and join us on Saturday, 9th August from 11.00 – 4.00 pm in St Joseph's Church, Kilmarnock for our Summer Youth Gathering! (free transport available). Join with young people from across the Diocese as we gather to celebrate the theme of Hope with games, activities, talks, Mass, and of course, pizza and a BBQ. Please register by

scanning the QR code or searching @rcdgyouth on social media

CATHOLIC AND IN HOSPITAL OR CARE. Your Parish Clergy are happy to be called up for pastoral visits to the Hospital, Care Homes and people's own homes for prayers and the sacraments of Healing – Anointing and Reconciliation and Holy Communion. Why not call or ask the Hospital/ Care Home to call/email your priest/parish office?

LECTIO DIVINA - Do you want to listen, meditate and respond to Christ speaking to you in the Scripture readings (for the coming Sunday)? By spending time pondering the Scripture, we grow in our relationship with Christ, the living Word. Like many, why not join the Lectio Divina session, every Tuesday, from 10.45 am in St Teresa's Parish Hall? A cuppa is served at the start; finish at 11.45 am.

JUBILEE YEAR OF HOPE ST NINIAN PILGRIMAGE. In this special year called, one of the great invites was for the Church to re-engage with the whole idea of pilgrimage again. To that end, I would like to encourage a greater participation than ever in this year's diocesan pilgrimage to St Ninian's Cave on the last Sunday of August (31st). I am asking all of you to commit to participating in this marvellous annual event by signing-up to come along and enjoy this diocesan gathering with your family and friends, and a picnic. The free bus leaves from St Teresa's at 1.15 pm. Mass will be celebrated in St Ninian's Cave at 4 pm (or in the Church at Whithorn for those who cannot manage down to the shore at 4.45 pm). Please note, children under 16 must be accompanied by an adult aged 18+. Participants should bring a packed lunch with them. Please sign-up on the coach list at the back of the church.

IS GOD CALLING YOU TO PRIESTHOOD?

If you sense a vocation to be a Priest and would like support to discern this call, please contact Diocesan Vocations Director, Fr Stephen McGrattan, at vocations@rcdg.org.uk or 01563 521832.

Some single men in a Bible study group were discussing who would make the better wife

— Martha or Mary. One fellow said, "Well, I think

Martha would make the better wife. The way to a man's

heart is through his stamped. It sounds like Months

heart is through his stomach. It sounds like Martha surely knew how to cook. I would love to be married to a woman like that!" Another man said, "I think Mary would make the better wife. She was always so thoughtful, sweet, and loving. I could be very happy, married to a woman like Mary!" Finally, another fellow settled the argument when he said, "Well, I would like to be married to both of them. I would like Martha before supper and Mary after supper."

HELLO AND WELCOME TO ALL OUR VISITORS. WE HOPE YOU ARE ENJOYING YOUR STAY WITH US. Mass Offering/ Donations No Cash, No problem Scan me to make a cashless donation to the Parish

