

# MASS TEXT

Sunday Year A  
Weekday Cycle II  
Divine Office: Vol. 1. Week I

Praise we now the Lord our God,  
in silence we adore you.

**OT Read: Isaiah 58:6-10**

**RP: 111**

A light rises in the darkness  
for the upright.

**NT Read: 1 Corinthians 2:1-5**

**GOSPEL ACCLAMATION:**

**Alleluia, alleluia!**

I am the light of the world, says  
the Lord; whoever follows me will  
have the light of life. **Alleluia!**

**Gospel: Matthew 5:13-16**

**PREFACE: VI**

**EUCH. PRAYER: III**

**15th February 2026**  
**6th Sunday in Ordinary Time (A)**

**OT Read: Sirach 15:15-20**

**RP: 118**

**NT Read: 1 Corinthians 2:6-10**

**Gospel: Mat 5:20-22a, 27-28, 33-34a,**

## WEEKLY COLLECTION

St. Teresa's: **£613.42**  
Holy Trinity & St. Luke's: **£309.15**  
*Thank you so much everyone  
for your generosity.*

**Baptisms** can easily be arranged by  
contacting Father directly

**Weddings** normally require six  
months notice, please contact Father  
before booking.

**SICK & HOUSEBOUND.** Your Clergy  
are available to offer the sacraments of  
healing (anointing), Reconciliation and  
Holy Communion. If any parishioner  
requires assistance or needs to talk, please  
call on the Parish number.

**"Year of Prayer to the Holy Spirit" + Francis**



Dear Brothers and Sisters,  
As we celebrate the end of the Holy Year, I am  
aware that it also marks the end of my first full year as your  
bishop, and I am continually grateful for my ministry with you.  
Over that time, I have got to know you just a little bit more.

In my time with you, and in times of prayer, I have wondered  
how we might take steps to renew the Church in our Diocese,  
and crucially, to understand how the Lord wants us to proceed.  
And what has caught my imagination is the next Holy Year:  
2033 marks the 2000th anniversary of the Passion, Death and  
Resurrection of our Lord. This will be a time of huge celebra-  
tions in the whole Church, and I believe it offers a great oppor-  
tunity for renewal here in Galloway. And that renewal will rest  
on one question:

**How does the Holy Spirit want the Diocese of Galloway to  
proclaim the Passion, Death and Resurrection of the Lord  
Jesus in 2033?**

This means asking where we are as a Church now, how we  
should be as a Church in 7 years' time, and how to get there.  
By asking this question, we will find answers that lead us to  
renewal and change in our Diocese. Over these few years, we  
can work together in the Lord to discern how best we can re-  
spond to that missionary command that is given to us all: Go  
out to the whole world, proclaim the Good News.

What those changes will be, I do not know. If we approach it  
in a spirit of suspicion, of protecting our own corner of the  
Church, of saying things must be the way 'they have always  
been' then we will be in danger of listening to ourselves and  
reducing the Church to what suits our personal worship and  
practice. But if we approach it in a spirit of openness, like the  
disciples who followed Christ before they knew where that  
would lead, then we accept that we are part of a Church that is  
greater than us.

The first thing I am asking you to do is to pray. We all have  
opinions and ideas, hopes and fears, but it does not start with  
us. It starts with God. If we do not give him his place, then we  
will be working in vain. So, before we discuss, decide or act,  
we must pray, asking the Spirit to open our hearts to his will. I  
am asking you to create an industry of prayer to the Holy Spirit  
in your private prayer, your homes, parishes, schools and com-  
munities. In our prayer to the Holy Spirit, we ask that he (not  
we) shall renew the face of the earth.

To help with this, prayer cards have been printed for everyone  
in the Diocese, for you to pray privately and together. Keep  
these cards close and pray the prayer often. This is the begin-  
ning of a process of discernment and renewal in Galloway.

**KEEP IN PRAYER the recently deceased members:**

Liam Murray, Daphne Little, Catriona J. Lau, Rosie Biggin,  
Delia Moscardini, Joan White, Laurie Howell, John McKay,  
Tony Ade A. Egede, RIP. We pray for them, and their families.

# Fifth Sunday in Ordinary Time (A) 8th February 2026



## Parish Clergy

Fr Uchenna Odenigbo, CSSp  
- Parish Priest / P. Chaplaincy  
Fr Francis Dometiero, CSSp  
- Asst. Parish Priest

## Parish Office:

St Teresa's Presbytery,  
Glasgow Street, Dumfries.  
DG2 9DE.

Tel: 01387 252603.

Emails:

[dumfries.stteresa@gallowaydiocese.org.uk](mailto:dumfries.stteresa@gallowaydiocese.org.uk)

[lockerbienmoffat@gallowaydiocese.org.uk](mailto:lockerbienmoffat@gallowaydiocese.org.uk)



[www.saintteresaschurch.co.uk](http://www.saintteresaschurch.co.uk)  
[www.holytrinitysaintlukes.co.uk](http://www.holytrinitysaintlukes.co.uk)

## Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

[william.hiddleston@gallowaydiocese.org.uk](mailto:william.hiddleston@gallowaydiocese.org.uk)

(Please only call Deacon Willie during office  
hours unless an emergency)

*A parish of the RC Diocese of Galloway.*

*Charity Number: SC 010576*

**Sunday Masses are Live Streamed  
from St Teresa's Church, Dumfries.**

Please follow the link on our website.



**A Family  
Welcoming  
Parish.**

*You are very welcome in our parish community, a special place where we gather frequently for  
worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of  
course, we love to welcome children, and we know that they don't always find that so easy – so relax!*

The Catholic Parishes of  
**St Teresa's, Dumfries,**  
**Holy Trinity, Lockerbie with St Luke's, Moffat.**  
Served by **THE SPIRITANS** (Holy Ghost Congregation)

## Newsletter

**Year A - Cycle II - Eucharistic Prayer: III - Psalter: I**

*St. T (St Teresa's), St. A. (St Andrew's, Dumfries)  
St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)*

**Saturday 7th February - Memorial of the BVM**

*(1st, 3rd + 5th Sat. in St. Teresa's)*

10.00 am - **St T. - Mass** - Sick and Housebound

10.30 am - **St. T. - Reconciliation, Adoration & Bene.**

5.00 pm - **St. L. - Vigil Mass** - Young People/ Families

**Sunday 8th February - 5th Sunday in Ordinary Time (A)**

9.30 am - **HTL - Mass** - Margaret Marcantonio, RIP. 1st Anni

11.30 am - **St. T. - Mass** - Daphne Little, RIP. 1st Anni

**Monday 9th February - Feria**

10.00 am - **St. T. - Mass** - Delia Moscardini, RIP, 1st Anni

**Tuesday 10th February - St. Scholastica**

9.30 am - **St. T. - Rosary, Adoration & Bene.**

10.00 am - **St. T. - Mass** - Jane M'Call, Wellbeing

**Wednesday 11th February - Our Lady of Lourdes**

9.30 am - **HTL - Reconciliation, Adoration & Bene.**

10.00 am - **HTL - Mass** - Jack Nelson, RIP, BD Rem

10.00 am - **St. A. - Mass**

**Thursday 12th February - Feria**

10.00 am - **St. T. - Mass** - Karen Sammon & Family,  
Well-being

**Friday 13th February - Feria**

10.00 am - **St. A. - Mass**

**Saturday 14th February - Ss. Cyril, Monk & Methodius, Bishop**  
*(2nd & 4th Sat. in St Andrew's)*

10.00 am - **St A - Mass**

5.00 pm - **St. L. Vigil Mass** - Young People/ Families

**Sunday 15th February - 6th Sunday in Ordinary Time (A)**

9.30 am - **HTL - Mass** - Sylvia Coupland. Wellbeing

11.30 am - **St. T. - Mass** - Eleanor McGaw, Wellbeing

5.00 pm - **St. T. - Mass. Youth (P6-S4), Talk. Games. Pizza**

*The sick and housebound would appreciate a copy of the bulletin,  
if you can please pop one through their door. Thank you.*

**MASS FOR THE SICK:** We celebrate today our annual Mass for the World Day of Prayer for the Sick (The feast of Our Lady of Lourdes is celebrated on February 11<sup>th</sup>). The sacrament of Anointing of the Sick will be offered during the Mass, and after the homily and Creed, any (sick) person wishing to be anointed will be asked to come before the Altar. **Our SVP** would like to invite everyone for refreshments (soup, sandwiches, tea & coffee) in the hall after Mass.

**FIRST COMMUNION CHILDREN (RCIC).** We shall welcome the children to our 11.30 am Mass for the Rite of Enrolment, another step towards receiving their First Holy Communion.

**RCDG YEAR OF THE HOLY SPIRIT** – Monthly Mass with the Bishop. During this Year of Prayer to the Holy Spirit, a Mass to the Holy Spirit will be celebrated in each of our four Deaneries each month.



You are invited to the **February monthly Mass with Bishop Frank at St Teresa's Church, Dumfries, on Thursday 26<sup>th</sup> February, at 7.00 pm** (There will be no morning Mass then). We wish to have all the ethnic communities take an active role at the Mass, including saying a bidding prayer, the Lord's Prayer, or singing a given part of the Mass in their language. All are encouraged to attend.

**PRAYER CARDS** encouraging us to pray as a diocesan community this year to the Holy Spirit are available at the back of the church. Please take some away for your family and friends and distribute widely. We shall say the prayers together at every gathering, especially at Mass after holy communion. Thanks.

**CHILDREN'S LITURGY** will take place today, in the Baptistry room. Children of primary school age are invited to attend.

**ST TERESA'S CHURCH RECIPE BOOK** - *Made with Love and Laughter*, is on sale for £5 in the church foyer. An interesting collection of recipes representing the diversity of our congregation. There are only a few copies left, so get yours before they are gone.

**100 CLUB.** New members are welcome, only £2 per month. Please complete the form on the church porch or contact Irene (after the Mass) in the Church Hall. Proceeds go to church funds

**QUIZ NIGHT.** This Valentine's Day Themed Quiz night, Friday 13<sup>th</sup> February at 7 pm, is another exciting Parish social evening for parishioners and their friends to come along and enjoy. Entry for adults £3.00, children £1.50. Soft drinks bar available. Tea and coffee provided. Bring along tasty treats for your table. Donations of raffle prizes can be left in the box at the back of the Church. All proceeds will go to Parish Funds.



For quiet and prayer  
Mondays/ Tuesdays  
Thursdays/ Saturdays  
9.00 am – 5.30 pm

**GROW IN FAITH/ RCIA.** The next evening, for all those interested in discussing and growing in their knowledge of the faith, and for those on the RCIA programme, will take place on **Tuesday, 10<sup>th</sup> February, from 6.15 pm in the Baptistry Room.** All are welcome. Thanks

**LECTIO DIVINA/ BIBLE STUDY** - every Tuesday, from 10.45 am in St Teresa's Parish Hall? A cuppa is served at the start; finish at 11.45 am.

**PARISH ART GROUP** meets every Thursday, from 10.30 am – 12.00 n, in the Parish Hall. It is free for all levels- beginners will love it, drawing and enjoying the company of others.

**YOUTH EVENING (P6-S4):** Join Youth from across the cluster on Sunday 15<sup>th</sup> February as they gather for their monthly evening in St Teresa's, Dumfries. They'll be reflecting on the theme of Lent: what Lent is and what they're called to do during it. The evening begins with Mass at 5.00 pm after which they'll continue in the hall with games, activities, a short talk, and pizza. All young people in P6-S4 are welcome. If it's your first time, please complete an Annual Consent Form online: [youth.rcdg.org.uk](http://youth.rcdg.org.uk).

**WILLS AND BEQUESTS.** Our Parish has benefited greatly in the past from the thoughtfulness of parishioners who have remembered us in their Wills. Many funded the church's painting, the Organ, Carpet, etc. God bless them for their kindness. Please do consider a legacy to the Church in your Will to ensure St Teresa's is there for future generations. It's a tax advantage as a charity. Thanks

**FOOD BANK.** Your contributions to this local initiative are much appreciated. Please leave items in the box/bag at the back of our church, where our parish SVP collects and delivers your contributions each week.

**PARISH RECORDS.** If you have not already done so, please pick up a Registration Form at the back of the Church, complete and return it to the Church so that we can update the parish database. Thanks

**TIGHTS FOR HAMLIN FISTULA HOSPITAL,** Addis Ababa, Ethiopia is grateful for the Tights received. They are needed, so please keep handing them in when you can. The charity also gives each woman a hand-knit blanket on arrival at the hospital. They symbolise the love and care the women receive during their treatment.

**MISSION STAMPS.** Thank you for all your used stamps - please keep leaving them in the box at the back of each of our churches! It really does make a difference!



A grandmother, celebrating her golden wedding anniversary, once told the secret of her long and happy marriage. "On my wedding day, I decided to make a list of ten of my husband's faults which, for the sake of our marriage, I would overlook," she said. A guest asked the woman what some of the faults she had chosen to overlook were. The grandmother replied, "To tell you the truth, my dear, I never did get around to listing them. But whenever my husband did something that made me hopping mad, I would say to myself, 'Lucky for him that's one of the ten!'"

## Heating Appeal

Thanks to you, we now have a new Church heating system, offering a warm, welcoming worship space for all. We are grateful for any donations towards this amazing project.

Can You Help? Donate by:

Online:



Cheque:  
payable to  
"RCDG ST  
TERESA'S  
DUMFRIES"

Cash: use the H. Appeal envelope

£26,511k      £40,500



We welcome creative fundraising ideas—if you're willing to organise an event, please reach out!

Thank You

**GALLOWAY YOUNG ADULTS 12TH-16TH OCTOBER**  
**ROME 2026 £1000**

JOIN US FOR A FANTASTIC 5-DAY SPIRITUAL AND CULTURAL PILGRIMAGE.

FOR MORE INFORMATION AND TO REGISTER SCAN THE QR CODE.

**COST INCLUDES:**

- ✓ Flights and airport transfers
- ✓ City Centre Accommodation (Twin/ Triple Rooms)
- ✓ Breakfast and Dinner
- ✓ Visits to all four Papal Basilicas
- ✓ Wednesday Papal Audience

**MORE INFORMATION** @ youth@rcdg.org.uk  
Diocese of Galloway Youth - @rcdg youth

Mass Offering/ Donations  
No Cash, No problem  
Scan me to make a cashless donation to the Parish



SCAN ME!