

# MASS TEXT

Sunday Year A  
Weekday Cycle II  
Divine Office: Vol. 1. Week IV

Praise we now the Lord our God,  
in silence we adore you.

**OT Read:** 1 Samuel 16:1b, 6-7, 10-13a  
**RP:** 22

The Lord is my shepherd;  
there is nothing I shall want.

**NT Read:** Ephesians 5:8-14

**GOSPEL ACCLAMATION:**

**Glory and praise to you, O Christ.**  
I am the light of the world, says the  
Lord; whoever follows me will have  
the light of life.

**Glory and praise to you, O Christ.**

**Gospel:** John 9:1, 6-9, 13-17, 34-38

**PREFACE:** The Man Born Blind.  
**EUCH.: PRAYER:** II

**22nd March 2026**  
**5th Sunday of Lent (A)**

**OT Read:** Ezekiel 37:12-14

**RP:** 129

**NT Read:** Romans 8:8-11

**Gospel:** John 11:3-7, 17, 20-27, 33b-45

## WEEKLY COLLECTION

St. Teresa's: **£511.61**  
Holy Trinity & St. Luke's: **£216.55**  
*Thank you so much everyone  
for your generosity.*

**Baptisms** can easily be arranged by  
contacting Father directly

**Weddings** normally require six  
months notice, please contact Father  
before booking.

**SICK & HOUSEBOUND.** Your Clergy  
are available to offer the sacraments of  
healing (anointing), Reconciliation and  
Holy Communion. If any parishioner re-  
quires assistance or needs to talk, please  
call on the Parish number.

## HOLY WEEK/ EASTER Dates for your calendar

### LENTEN PENITENTIAL SERVICES

Saturday 21st March - 4.00 pm - Conf - **St Luke's Moffat**  
Monday 23rd March - 7.00 pm - **Holy Trinity, Lockerbie**  
Thursday 26th March - 7.00 pm - **St Teresa's Dumfries**

+ **HOLY WEEK** +

### MONDAY OF HOLY WEEK

10am Morning Mass in St Teresa's  
7.30pm Ecumenical Service in St Andrew's Church, Dfs.

### TUESDAY OF HOLY WEEK

10am Morning Mass in St Teresa's  
7.00pm Chrism Mass, St Margaret's Cathedral, Ayr.  
Coach departs Holy Trinity at 3.55 pm.  
Coach departs St Teresa's at 4.40 pm

### WEDNESDAY OF HOLY WEEK

9.30 am Adoration/ Morning Mass in Holy Trinity

### MAUNDY THURSDAY

10am Morning Prayer in St Teresa's & Holy Trinity  
**Confession in St Teresa's till 11am.**  
7pm Mass of the Lord's Supper in Holy Trinity  
7pm Mass of the Lord's Supper in St Teresa's, Dfs  
**Adoration/ Quiet prayer at the Altar of Repose**  
with Night Prayer and Benediction at 9.15 pm

### GOOD FRIDAY

8.50am Walk of Witness, Moffat  
10am Morning Prayer in St Teresa's & Holy Trinity  
11am Walk of Witness, Lockerbie  
3pm The Liturgy of the Passion in Holy Trinity,  
3pm The Liturgy of the Passion in St Teresa's, Dfs  
**Special Collection for the Holy Places**  
7pm Stations of the Cross in St Teresa's & Holy Trinity

### HOLY SATURDAY

10am Morning Prayer in Holy Trinity and  
St Teresa's, with the Blessing of Easter Food  
**Confession afterwards in St Teresa's till 11.30am**  
8pm Easter Vigil Mass in St Luke's, Moffat  
9pm Easter Vigil Mass in St Teresa's, Dumfries

### EASTER SUNDAY

9.30am Mass in Holy Trinity, Lockerbie  
11.30am Mass in St Teresa's, Dumfries

### DIVINE MERCY SUNDAY, 12<sup>th</sup> April

3pm Mass in St Teresa's Dfs (2.00 pm Confessions).

**KEEP IN PRAYER the recently deceased members:**  
Liam Murray, Daphne Little, Catriona J. Lau, Rosie Biggin,  
Delia Moscardini, Joan White, Laurie Howell, John McKay,  
Tony Ade A. Egede, RIP. We pray for them, and their families.

## The Fourth Sunday of Lent (A) - 15th March 2026



### Parish Clergy

Fr Uchenna Odenigbo, CSSP  
- Parish Priest / P. Chaplaincy  
Fr Francis Dometiero, CSSP  
- Asst. Parish Priest

### Parish Office:

St Teresa's Presbytery,  
Glasgow Street, Dumfries.  
DG2 9DE.

Tel: 01387 252603.

Emails:

[dumfries.stteresa@gallowaydiocese.org.uk](mailto:dumfries.stteresa@gallowaydiocese.org.uk)

[lockerbiemoffat@gallowaydiocese.org.uk](mailto:lockerbiemoffat@gallowaydiocese.org.uk)



[www.saintteresachurch.co.uk](http://www.saintteresachurch.co.uk)

[www.holytrinitysaintlukes.co.uk](http://www.holytrinitysaintlukes.co.uk)

### Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

[william.hiddleston@gallowaydiocese.org.uk](mailto:william.hiddleston@gallowaydiocese.org.uk)

(Please only call Deacon Willie during office  
hours unless an emergency)

*A parish of the RC Diocese of Galloway.*

*Charity Number: SC 010576*

**Sunday Masses are Live Streamed  
from St Teresa's Church, Dumfries.**

Please follow the link on our website.



**A Family  
Welcoming  
Parish.**

*You are very welcome in our parish community, a special place where we gather frequently for  
worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of  
course, we love to welcome children, and we know that they don't always find that so easy – so relax!*

The Catholic Parishes of  
**St Teresa's, Dumfries,**  
**Holy Trinity, Lockerbie with St Luke's, Moffat.**  
Served by **THE SPIRITANS** (Holy Ghost Congregation)

### Newsletter

**Year A - Cycle II - Eucharistic Prayer: II - Psalter: IV**  
*St. T (St Teresa's), St. A. (St Andrew's, Dumfries)*  
*St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)*

### Saturday 14th March - Memorial of the BVM

*(1st, 3rd + 5th Sat. in St. Teresa's)*

9.30 am - **St A** - Lent Retreat - Adoration, Talk, Mass  
5.00 pm - **St. L.** - **Vigil Mass** - Andree B. Cain, RIP, 2nd Anni

### Sunday 15th March - 4th Sunday of Lent (A) Laetare Sunday

9.30 am - **HTL** - **Mass** - Lou Crolla & Family, P. Int'n  
11.30 am - **St. T.** - **Mass** - James Boyle, RIP, B'D Rem

### Monday 16th March - Feria

10.00 am - **St. T.** - **Mass** - Patricia Harrison, RIP

### Tuesday 17th March - St Patrick, Bishop, Missionary

9.30 am - **St. T.** - Rosary, Adoration & Bene.  
10.00 am - **St. T.** - **Mass** - Tom Lindsay, RIP

### Wednesday 18th March - Feria

9.30 am - **HTL** - Reconciliation, Adoration & Bene.  
10.00 am - **HTL** - **Mass** - Virginia Gilligan & Family, P.In  
10.00 am - **St. A.** - **Mass**  
7.00 pm - **St. T.** - **Growing in Faith** - **The Chosen** - Watch/Discuss

### Thursday 19th March - St. Joseph, Husband of the BVM

10.00 am - **St. T.** - **Mass** - Pauline Heffernan - RIP  
7.00 pm - **HTL.** - **Growing in Faith** - Praying with the Scriptures

### Friday 20th March - Feria

10.00 am - **St. A.** - **Mass**  
12.00 n - **St. L.** **Stations of the Cross**  
7.00 pm - **St. T./ HT.L.** - **Stations of the Cross**

### Saturday 21st March - Memorial of the BVM

*(1st, 3rd + 5th Sat. in St. Teresa's)*

10.00 am - **St T.** - **Mass** - Raymond Keogh, RIP  
10.30 am - **St. T.** - Reconciliation, Adoration & Bene.  
5.00 pm - **St. L.** - **Vigil Mass** - Billy Wilson & Family, P.Int

### Sunday 22nd March - 5th Sunday of Lent (A)

9.30 am - **HTL** - **Mass** - John Needham, RIP, Month's Mind  
11.30 am - **St. T.** - **Mass** - Pat McConnell & Family, P. Int  
5.00 pm - **St. T.** - **Mass.** **Youth (P5-S4)**, Talk, Games, PIZZA

*The sick and housebound would appreciate a copy of the bulletin,  
if you can please pop one through their door. Thank you.*

**HAPPY MOTHER'S DAY:** We send our love and prayers to all our mums and all those who have a "motherly" role in our lives. Thank you for all the love and support you give to us all. Please take a wee Kit-Kat biscuit as a small gift from us all so that you can take a break and put your feet up! **God Bless you, Mum!**

**RCIA – SCRUTINY:** Today, we celebrate the second **scrutiny** for our Elect who will receive the Sacraments of Initiation at Easter. The scrutinies are parts of the journey of faith, preparation, and transformation in the hearts of these people who will soon be received into the Church.

**WEEKLY ENVELOPES:** We are very grateful to those of you who make your weekly offerings using the envelope system. The envelopes for the new financial year are now available for collection at the back of the church. Please only lift the envelope with your name on it. Some will be asked to complete a new Gift Aid form if appropriate. Some like you have opted to set up Standing Orders; we hope you will oblige. If you'd like a set of weekly envelopes, have a chat with the Piety Shop volunteers or contact the Parish Office.

**SCIAF:** Sunday is celebrated across Scotland today, and there will be a special Collection in support of the "Shear Water. Shear Hope" appeal by SCIAF LENT 2026 CAMPAIGN. Please, use your WEE BOX to make a BIG CHANGE! And bring it back before Easter.

**CHILDREN'S LITURGY** will take place today in the Baptistery room. Children of primary school age are welcome.

**SUNDAY COFFEE:** After Mass today, please join us in the hall for tea/coffee & biscuits. Come and enjoy the community spirit here at St Teresa's.

**CHRISM MASS:** Bishop Frank will lead the annual Chrism Mass at 7.00 pm on Tuesday, 31<sup>st</sup> March in St Margaret's Cathedral, Ayr. The free coach will leave from the bus stop opposite the church at 4.40 pm. Please sign up at the church porch today.

**DIVINE MERCY SUNDAY:** Mass will be celebrated in our area at St Teresa's Church, Glasgow Street, Dumfries, on Sunday, 12th April. We will have the opportunity for Confessions from 2.00 pm and the recitation of the Chaplet of Divine Mercy at 3.00 pm, followed by Mass. A warm welcome is extended to anyone who wishes to attend.

**YOUTH EVENING:** (*Until the summer, these evenings are now open to young people in P5 and up.*) Join Youth from across the cluster on Sunday 22nd March as they gather for their monthly evening in St Teresa's, Dumfries. They'll be reflecting on St Joseph: who he is and what we can learn from him. Starts with Mass at 5.00 pm, after which they'll continue in the hall with games, activities, a short talk, and pizza. All young people in P5-S4 are welcome, if it's your first time, please complete an Annual Consent Form online: [youth.rcdg.org.uk](http://youth.rcdg.org.uk).



**The church  
is  
OPEN!**

For quiet and prayer  
Mondays/ Tuesdays  
Thursdays/ Saturdays  
9.00 am – 5.30 pm

**ADVENT YOUTH RETREAT:** Takes place from 27th – 29th November at Gowanbank SU Centre, near Darvel. Open to all young people currently in P6-S3. Register before Easter for a discounted rate of only £140 pp, and only pay a £50 deposit. The weekend includes times of prayer, Mass, spiritual reflection, different outdoor activities and lots of time to relax and spend time with friends. Subsidies are available for those in need, or for families with more than one child wishing to attend – please contact the Youth Office by emailing: [youth@rcdg.org.uk](mailto:youth@rcdg.org.uk). Go to [youth.rcdg.org.uk](http://youth.rcdg.org.uk) for more details and to register.

**RCIA: GROW IN FAITH** will take place on **Tuesday, 24<sup>th</sup> March, from 6.15 pm** in the Baptistery Room. All are welcome.

**ST PATRICK'S NIGHT** is on 17th March at 7 pm in the Church Hall, with a 2-course meal, bar and entertainment. Adults £10.00, Children under twelve £7.00. Please put your name on the list at the back of the Church. For catering purposes, please tick your options. Money needs to be paid by Sunday, 15th March. Donations of Raffle prizes can be left in the box at the back of the Church. Thanks.

**PRIZE BINGO** will be held on Friday, 27th March at 7 pm in the Church Hall. Adults £5.00, Children (under 12) £3.00, which includes bingo books. Tea and coffee, soft drinks bar and Raffle. If you would like to donate prizes, please leave them in the box at the back of the church. Thank you.

**LENT LUNCHESES** will be held in St John's Church, Lovers Walk, every Friday of Lent, until 27th March, 12noon to 1.30 pm. Minimum Donation £4.00, children £1.50. St Teresa's will be on the Sales Table on 20th March. Donations of home baking would be most appreciated. If you would like to donate, please speak to Mary Brown after Mass.

**PRAYING THE DIVINE OFFICE.** This Lent, you may like to join the Spiritan Community in praying the Lauds (Morning Prayer) before Mass, 9.30 am, on Mondays & Thursdays in the church.

**STATIONS OF THE CROSS.** During Lent, this devotion will take place on Fridays at St Teresa's Dumfries, 7. 00 pm. Holy Trinity, Lockerbie, 7.00 pm.

**THE CHOSEN.** Do you want to follow the Life of Christ this Lent? We invite you to "*Come and See*" THE CHOSEN, a ground-breaking historical drama based on the life of Jesus Christ. Join us at St Teresa's Baptistery Room every Wednesday of Lent at 7.00 pm. You can ask questions, encounter God and journey with others. All are welcome.

**LECTIO DIVINA/ BIBLE STUDY** - every Tuesday, from 10.45 am in St Teresa's Parish Hall? A cuppa is served at the start; finish at 11.45 am.

**PARISH ART GROUP** meets every Thursday, from 10.30 am – 12.00 n, in the Parish Hall.

**100 CLUB.** New members are welcome, only £2 per month. Please complete the form on the church porch or contact Irene (after the Mass) in the Church Hall. Proceeds go to church funds.

**VOLUNTEER LENT RECOLLECTION/ FEEDBACK.** We are grateful for the excellent work of our army of volunteers. In preparation for the Holy Week/ Easter events, we will have a meeting of the following volunteer ministry teams (in the Baptistery room):  
Welcomers/ Meet & Greet on Sun., 22<sup>nd</sup> March at 12.40 pm  
Readers and Eucharistic Ministers on Wed., 25<sup>th</sup> March at 7.00 pm  
Cleaning/Flowers/Hospitality team on Thurs, 26<sup>th</sup> March at 10.30am  
Altar servers on Saturdays, 28<sup>th</sup> March and 4<sup>th</sup> April at 11.00 am  
Thanks for your service to the community.

**PASTOR'S BREAD OF LIFE:** President Woodrow Wilson's father was a preacher who eked out a meagre living. One day, when he was riding his horse, he stopped to chat with a member of his parish. "That's a handsome-looking animal you have there," said the latter admiringly. "But why is that your horse is so big and strong and you are so thin?" "Perhaps," replied Wilson, "it is because I feed the horse and the congregation feeds me."

## Heating Appeal

Thanks to you, we now have a new Church heating system, offering a warm, welcoming worship space for all. We are grateful for any donations towards this amazing project.

Can You Help? Donate by:

Online:



Cheque:

payable to  
"RCDG ST  
TERESA'S  
DUMFRIES"

Cash: use the H. Appeal envelope



We welcome creative fundraising ideas—if you're willing to organise an event, please reach out!

**Thank You**

Mass Offering/ Donations  
No Cash, No problem  
Scan me to make a cashless  
donation to the Parish



SCAN ME!