

MASS TEXT

Sunday Year A
Weekday Cycle II
Divine Office: Vol. 3. Week II

Praise we now the Lord our God,
in silence we adore you.

OT Read: Isaiah 55:1-3

RP: 144

**You open your hand
and fulfil us, O Lord.**

NT Read: Romans 8:35, 37-39

GOSPEL ACCLAMATION:

Alleluia, alleluia!

One does not live by bread alone,
but by every word that comes forth
from the mouth of God. **Alleluia!**

Gospel: Matthew 14:13-21

**PREFACE: IV
EUCH. PRAYER: III**

**9th August 2026
19th Sunday in Ordinary Time (A)**

OT Read: 1 Kings 19:9a, 11-13a

RP: 84

NT Read: Romans 9:1-5

Gospel: Matthew 14:22-33

WEEKLY COLLECTION

St. Teresa's: **£598.29**
Holy Trinity & St. Luke's: **£219.70**
*Thank you so much everyone
for your generosity.*

Baptisms can easily be arranged by
contacting Father directly

Weddings normally require six
months notice, please contact Father
before booking.

SICK & HOUSEBOUND. Your Clergy
are available to offer the sacraments of
healing (anointing), Reconciliation and
Holy Communion. If any parishioner re-
quires assistance or needs to talk, please
call on the Parish number.

**"... Give Them
Something
to Eat ..."**



Precisely when the
day is ending and
hunger sets in, as the
Apostles themselves ask him to dismiss the crowds,
Christ surprises us with his mercy. He feels com-
passion for those who are hungry, and he invites his
disciples to provide for them. Hunger is not foreign
to the preaching of the Kingdom and the message
of salvation.

On the contrary, it speaks to us of our relationship
with God. At the same time, five loaves and two
fish seem completely inadequate to feed the people.
The disciples' calculations, apparently so reason-
able, reveal their lack of faith. For where the Lord is
present, we find all that we need to give strength
and meaning to our lives.

Jesus responds to the appeal of hunger with the
sign of sharing: he raises his eyes, recites the bless-
ing, breaks the bread, and feeds all present (...)

The Lord's example is a yardstick that should guide
our actions and our service: we are called to share
our bread, to multiply hope and to proclaim the
coming of God's Kingdom.

© Pope Leo XIV, Homily, 22 June 2025

ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me. Water from the side of
Christ, wash me. Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the evil one protect me. At the hour of my
death, call me and bid me come to you
That with your saints I may praise you. **Amen**

KEEP IN PRAYER the recently deceased members:
Angus McFarlane, Catherine McCulloch, M. Catherine Lavery,
Wilma McQuade, Christopher P. Loy, Patricia Rennie, Sylvia Cou-
pland, Noreen Lilly, Marie Montgomery, RIP. Always in our minds!

Eighteenth Sunday in Ordinary Time (A) 2nd August 2026



Parish Clergy

Fr Uchenna Odenigbo, CSSp
- Parish Priest / P. Chaplaincy
Fr Francis Dometiero, CSSp
- Asst. Parish Priest

Parish Office:

St Teresa's Presbytery,
Glasgow Street, Dumfries.
DG2 9DE.

Tel: 01387 252603.

Emails:

dumfries.stteresa@gallowaydiocese.org.uk

lockerbiemoffat@gallowaydiocese.org.uk



www.saintteresachurch.co.uk

www.holytrinitysaintlukes.co.uk

Our Deacon:

Rev. Mr. William Hiddleston

Tel: 01387 264424

william.hiddleston@gallowaydiocese.org.uk

(Please only call Deacon Willie during office
hours unless an emergency)

*A parish of the RC Diocese of Galloway.
Charity Number: SC 010576*

**Sunday Masses are Live Streamed
from St Teresa's Church, Dumfries.**
Please follow the link on our website.



**A Family
Welcoming
Parish.**

*You are very welcome in our parish community, a special place where we gather frequently for
worship, fellowship, ministry, inspiration, and outreach. We all respect the need for silence, of
course, we love to welcome children, and we know that they don't always find that so easy – so relax!*

The Catholic Parishes of

St Teresa's, Dumfries,

Holy Trinity, Lockerbie with St Luke's, Moffat.

Served by **THE SPIRITANS** (Holy Ghost Congregation)

Newsletter

Year A - Cycle II - Eucharistic Prayer: III - Psalter: II

*St. T (St Teresa's), St. A. (St Andrew's, Dumfries)
St. L (St Luke's, Moffat), HTL (Holy Trinity, Lockerbie)*

Saturday 1st August - Alphonsus Mary de' Liguori, Bishop, Dr.
(1st, 3rd + 5th Sat. in St. Teresa's)

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am – **St T. - Mass** - Michael Brown, Wellbeing

10.30 am – **St. T. - Reconciliation**, Adoration & Bene.

5.00 pm – **St. L. - Vigil Mass** - Sick and Housebound

Sunday 2nd August - 18th Sunday in Ordinary Time (A)

9.30 am – **HTL - Mass** – Novara Copolla, HBD, Wellbeing

11.30 am – **St. T. - Mass** – Spiritans in Challenging Missions
- Marie Montgomery, RIP

Monday 3rd August - Feria

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am – **St. T. – Mass** - Frank McBrine, RIP

Tuesday 4th August - St. John Mary Vianney, Priest

9.30 am – **St. T. - Rosary**, Adoration & Bene.

10.00 am – **St. T. – Mass** - Carol Taylor, RIP, Anni

Wednesday 5th August - D. the Basilica St. Mary Major

9.30 am – **HTL - Reconciliation**, Adoration & Bene

10.00 am – **HTL – Mass** - Billy Laurie, RIP

10.00 am – **St. A. – Mass** -

Thursday 6th August - Transfiguration of the Lord, Feast

9.30 am – **St. T. - Divine Office** - Morning Prayer (Lauds)

10.00 am – **St. T. – Ninimbih Egede**, H'B, Anni

Friday 7th August - St. Sixtus II & Companions, Martyrs.

10.00 am – **St. A. - Mass**

Saturday 8th August – St. Dominic, Priest

(2nd & 4th Sat. in St Andrew's)

10.00 am – **St A – Mass**

5.00 pm – **St. L. Vigil Mass** – Holy Souls in Purgatory

Sunday 9th August - 19th Sunday in Ordinary Time (A)

9.30 am – **HTL - Mass** – W. B., Wellbeing

11.30 am – **St. T. - Mass** – Renna Gillan, RIP, Anni
- Marie Montgomery, RIP

*The sick and housebound would appreciate a copy of the bulletin,
if you can please pop one through their door. Thank you.*

RCIA / GROWING IN FAITH. The course to prepare for the reception into the Catholic Faith will begin soon. It is designed for adults, falling into 3 categories: i) for those who are not Catholics but who are interested in becoming one or just want to find out a bit more, ii) for Catholics (adults, 14 +) but who have not yet been Confirmed, and iii) for Catholics who would like to re-visit their faith from the ground-up. Please let the Parish clergy know if you are interested, stating which category you fall into - just email us.

RITE OF CHRISTIAN INITIATION OF CHILDREN (RCIC). The preparation of all the children of the parish from p.4 for the Sacraments of Reconciliation and First Holy Communion will begin soon. Families with children of this age whether they attend St Teresa's Primary School, St Andrew's Primary School or any other primary school in the area are asked to pick-up a Registration Form from the back of the Church, or from St Teresa's Primary School office (or download one from the parish website) and return it to the school office or Fr Uchenna or Deacon Willie as soon as you can, so that preparations can be organised.

SUNDAY COFFEE: After Mass today, please join us in the hall for coffee/tea and biscuits. Come into the hall and enjoy the community spirit here at St Teresa's. A warm welcome awaits you.

THE PARISH FINANCE COMMITTEE (PFC) will meet on Thursday, 13th August, at 7.00 pm, in the Baptistry room. Thanks to this important group, which keeps our Parish ministry activities and facilities up and running. God bless.

CHURCH HEATING APPEAL. Thank you for the £251.01 raised last week at the special collection in aid of the church heating/ refurbishment works. Thank you all for your generosity, as always.

APPRECIATION! We thank all our parishioners who attended last Sunday's Vespers (evening prayers) and fellowship with the visiting Spiritan General Council team, Rome. An impressive number of parishioners came from Lockerbie, Lochmaben, Moffat, Beattock, Closeburn and Dumfries areas. Fr Jude was delighted and proud of your commitment and vibrant faith. "God is doing something new in us" Isaiah 43:19

LECTIO DIVINA/ BIBLE STUDY/ PARISH ART GROUP – will all continue after the summer break.

WEDNESDAY LUNCH HUB: Will take place on Wednesday, 5th August, in the hall. This is for all parishioners and their friends, beginning with their complimentary lunch at 12.30 pm. Doors open from 12 noon going on till 3 pm. All are welcome.

QUIZ NIGHT. The social evening will be held on Friday 21st August at 7 pm. Entrance £3.00 adults, £1.50 Children under 12.

Coffee, Tea & Biscuits included. If you would like to donate a Raffle Prize, please leave it in the box at the back of the Church. Thank you.

THE ABABA PROJECT: The small change collection for the Ababa Project will be taken next Sunday, 2nd August. Thank You.

RACE NIGHT will be held in September (date to be arranged). If you would like to sponsor a race at £25.00 (8 races) or buy a horse at £5.00 (6 horses per race), please speak to one of the entertainment committee. Thank you

SAFEGUARDING TRAINING for volunteers will be offered at St Teresa's Hall on Sunday, 9th August, at 2.00 pm. It is for relevant parish volunteer roles that require a PVG check and undertaking ongoing training. Thank you.

THE ASSUMPTION of the Blessed Virgin Mary. This year, the Solemnity of the **Assumption of the Blessed Virgin Mary** is transferred to Sunday 16th August. Readings and Prayers for the Sunday and Vigil Mass are for the Assumption of the Blessed Virgin Mary.

PPC MEETING. All parishioners are welcome to the Parish Pastoral Council (PPC) meeting in the Parish Hall this Thursday evening (6th August) at 7 pm. Minutes of the last meeting and the agenda are available at the back of the church. All are welcome to be involved as a missional disciple of Christ.

PLEASE REMEMBER YOUR PARISH CHURCH IN YOUR WILL: As a parishioner of our beautiful Church, a place of worship, prayer and history, we ask you to consider leaving a legacy to the parish when you are making your Will. We are grateful for all generous donations at any time. This is a particular way of investing in the future of the Church. Thank you.

SCIAF - Venezuela. Thank you for the £420 donations in July to support those most affected by the recent earthquake in Venezuela. A total of £685 (including the £265 from our parish hardship fund) will be passed on to SCIAF/ partners as they continue to provide food, water and other essentials to those most affected. Thank you.

LEFTOVERS? A nervous young priest, concluding his first sermon, told the flock, "For my text this Sunday, I will take the words, "And they fed five men with five thousand loaves of bread and two thousand fishes." A member of the flock raised his hand and said, "That's not much of a trick. I could do that." The priest didn't respond. However, the next Sunday he decided to repeat the text. This time he did it properly, "And they fed five thousand men with five loaves of bread and two fishes." Smiling, the priest said to the noisy man, "Could you do that, Mr. Perkins?" The man said, "I sure could." "How would you do it?" asked the minister. "With all the food I had left over from last Sunday!"

Heating Appeal

Thanks to you, we now have a new Church heating system, offering a warm, welcoming worship space for all. We are grateful for any donations towards this amazing project.

Can You Help? Donate by:

Online:



SCAN ME

Cheque:

payable to
"RCDG ST
TERESA'S
DUMFRIES"

Cash: use the H. Appeal envelope

£40,500



We welcome creative fundraising ideas—if you're willing to organise an event, please reach out!

Thank You

CARFIN
NATIONAL PILGRIMAGE
SUNDAY 6TH SEPTEMBER
Joining with the Universal Church in marking
800 years since the death of St Francis of Assisi.
3.00 PM
Holy Mass at the Shrine
Celebrant and Homilist: Most Rev. William Nolan
NATIONAL SHRINE TO OUR LADY OF LOURDES, CARFIN, ML1 5AJ

**The church
is
OPEN!**
For quiet and prayer
Mondays/ Tuesdays
Thursdays/ Saturdays
9.00 am – 5.30 pm

BISHOP FRANK INVITES YOU TO...
WHITHORN
ANNUAL NATIONAL PILGRIMAGE
SUNDAY 30TH AUGUST
4.00 PM **4.45 PM**
Mass on the Beach **Mass in Whithorn**
The free bus leaves St Teresa's at 1.15 pm.
Please sign up on the sheet at the back of
the Church. Please bring your packed lunch

Mass Offering/ Donations
No Cash, No problem
**Scan me to make a cashless
donation to the Parish**



SCAN ME!